

# *Journey to Womanhood*

## *Mini-Application*

Name: \_\_\_\_\_

Address:

\_\_\_\_\_  
\_\_\_\_\_

Phone: (    ) \_\_\_\_\_ - \_\_\_\_\_

E-mail: \_\_\_\_\_

School: \_\_\_\_\_

Please complete and return  
this mini-application or apply  
in person:

Journey to Womanhood

401 South Avenue

Syracuse, NY 13204



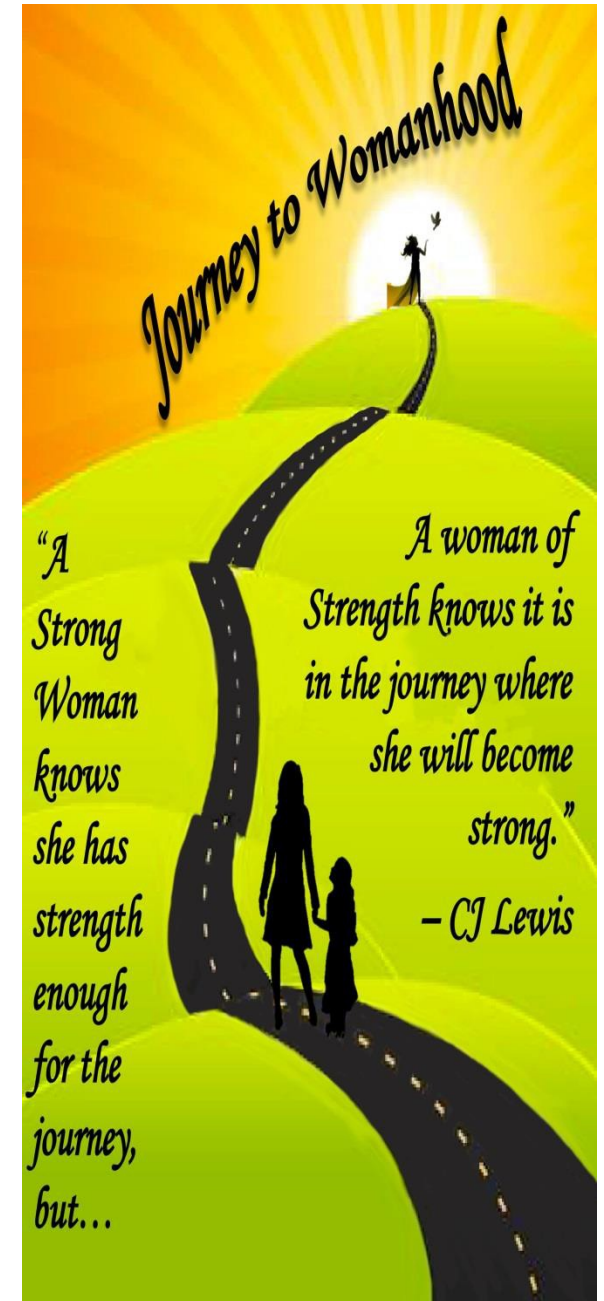
## *Journey to Womanhood*

**Southwest Community Center**

**Phone: (315)474-6823**

**Fax: (315)474-8023**

**Web: [smnfwcc.org](http://smnfwcc.org)**



## *Journey to Womanhood*

# J2W

*Journey*

2

*Womanhood*

Journey to Womanhood (J2W) is dedicated to educating and empowering young women within the community and surrounding areas. J2W strives to provide a positive environment in which young women can flourish and become the women they have the potential to be.

There are many issues that young adults face on a daily basis. J2W encourages young women to discuss the issues affecting themselves, as well as, their communities.

J2W aims to prepare today's youth for the future through various activities including college prep, finance lessons, leadership training, homework assistance, and much more.

J2W emphasizes social skills development, self-esteem and confidence building, as well as, team work, self-control, work ethics, and sisterhood.

### *Goals:*

- Educate and empower young women within the community
- Engage young women in alcohol and drug prevention
- Teach effective conflict resolution strategies
- Promote positive character development
- Achieve academic scholarship
- Encourage creativity
- Prepare young women for potential obstacles in the future
- Support community-wide initiatives

### *Program Hours:*

#### **Monday & Wednesday**

3p-6pm

#### **Tuesday & Thursday**

4:00pm – 6:00pm

#### **Friday**

5:00pm – 7:00pm

### *Program Eligibility:*

Young Women age 14-18

### *Program Includes:*

- Homework-Assistance
- Leadership Training
- Poetry
- Creative Writing
- Group Discussions
- Mentoring
- Community Service
- Hygiene Education
- Financial Awareness & Responsibility
- Teambuilding/Skills Building
- Life Skills

*A Strong Woman knows she has strength enough for the journey, but a Woman of Strength knows it is in the Journey where she will become Strong."*